

You are thinking of having Dermal Filler treatment. Here are some commonly asked questions and guidance notes for a better understanding and what to expect, before and after.

Why does my skin sag, wrinkle or age?

The natural substance which makes the skin supple and healthy is called Hyaluronic acid, which is also a skin moisturiser.

How would a Dermal Fillers treat this?

Dermal Fillers contain Hyaluronic acid, which is a natural substance of the skin

How qualified are you?

I'm a fully qualified Registered General Nurse, who specialises in neuroscience and is fully qualified in skin tissue viability. I am also a fully registered and qualified Aesthetic Beauty Practitioner, so you will be treated by a fully qualified nurse, not a beautician.

I have expectations on how I will look after treatment.

During the consultation process we will also make sure that you are fully aware if the treatment will meet your expectations, and make a full assessment of your face, including any asymmetry issues.

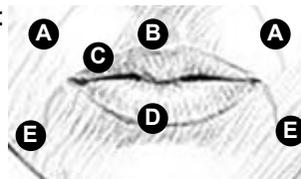
Once I'm seen, can I get treated straightaway?

In some cases, yes, but generally, a £50 deposit is to be paid, which is used to secure your Dermal Filler syringe. If we have stocks available then we can treat you immediately, or at your convenience.

Which areas can do you treat with Dermal Fillers?

The three main areas are:

- Nose to mouth lines (Nasolabial folds) **(A)**
- Lip lines/smoker's lines **(B)**
- The lip border (Vermillion border) **(C)**.
- Lips **(D)**
- Mouth to jaw lines (Marionette lines) **(E)**



Do I need to avoid any food or drink before treatment?

Before treatment you should avoid aspirin, high doses of Vitamin E and omega 3 for 7 days if possible. And no alcohol should be consumed prior to treatment.

What about makeup?

This will have to be cleansed off prior to treatment and not reapplied afterwards for at least 4 to 6 hours. This is to avoid any infection.

Can I get treated at home?

We no longer provide home visit treatment for Dermal Filler injections.

How long does it take?

It takes around 30-45 minutes to treat the different areas.

Does it hurt?

We use the Belotero range, which contains Lidocaine, which is an anaesthetic. We can also treat the area with a numbing cream to help.

What about any bad after effects after treatment?

Hyaluronic acid is natural to the body, so it's rare that any bad reactions will occur. You may experience soreness and minor pain at the injection site.

Will my face be improved immediately?

Dermal Filler results are instant. There may be a little excess swelling, but this will go after 48 hours

Anything I should avoid after treatment?

Do not lie down, or do any vigorous exercise for around 6 hours after treatment. Do not have a steam/sauna and drink alcohol for 6 hours after. Do not rub the areas which have been treated.

Can I drive after?

Of course. It's a very safe treatment. Only activities to avoid are listed above.

How long does it last?

It depends on the individual, but the treated areas can last nearly a year. The Belotero range is one of the latest on the market.

If I'm not happy with it?

On the initial assessment, if we can't improve or meet your expectations, then we won't treat you. However, we will top up any areas which we think can be improved during the aftercare treatment.

I wish to proceed with Dermal Filler treatment and I understand that the £50 deposit paid is non-refundable as it secures the Dermal Filler syringe.

Name

Signature

Date

On the day of treatment, the remaining amount will be paid in full PRIOR to treatment.

How much will it cost?

If you wish to proceed, then a £50 non-refundable deposit is required.

SPECIAL INTRO OFFER

1 Syringe £185

